



Needham Community Education

NCE

MIDDLE SCHOOL PROGRAMS

MIDDLE SCHOOL AFTER SCHOOL ENRICHMENT OPTIONS

WINTER 2019

Session Dates:

February 4th to April 12th

Needham Community Education is pleased to offer high quality after school enrichment opportunities for High Rock and Pollard Middle School students. **NCE Middle School** classes are taught by Needham Public School staff, community members, as well as other qualified professionals, and are designed to give students a chance to connect and learn beyond the classroom in a fun, engaging, and relaxed environment. Classes will be held at POLLARD Middle School. Have a sixth grader attending High Rock Middle School? No problem! NCE offers transportation to Pollard. Come join the fun!

REGISTRATION opens Friday, January 18th at 7am.

<https://www.schoolpay.com/link/NCEMiddleWinter2019>

Registration ends on Monday, January 28th, at 2pm.

Needham Public Schools

Superintendent

Daniel E. Gutekanst

NEEDHAM SCHOOL COMMITTEE

Aaron Pressman, Chair	Susan B. Neckes
Michael J. Greis, Vice Chair	Andrea Longo Carter
Connie S. Barr	Matthew Spengler
Heidi Black	

Needham Community Education

Needham Community Education (NCE) is an office of the Needham Public Schools and combines a number of out-of-school time programs into one administrative office. Programs are self-sustaining and include elementary and middle school after school programs, Adult Education, Summer Explorations and other summer programs, Kindergarten Enrichment (KASE) and more.

Through **NCE MIDDLE SCHOOL** we hope to provide quality lifelong learning experiences that are accessible to middle school students. We seek to offer interesting educational, cultural, and skill-building classes at a reasonable cost. To view this catalog online, please visit our website at www.needham.k12.ma.us (click on Community Ed). Call us at 781-455-0400 x235 for more information, or to offer suggestions for courses or teachers.

Contact Information: School Administration Building, 1st Floor
1330 Highland Avenue
Needham, MA 02492
Telephone: 781-455-0400 x11235
Fax: 781-455-0417
Website: http://www.needham.k12.ma.us/community_ed
Office Hours: 8am-4pm, Monday-Friday

NEEDHAM NON-DISCRIMINATION POLICY

The Needham Public Schools do not discriminate on the basis of age, race, color, sex, gender identity, religion, national origin, sexual orientation or disability, and ensure that all students and employees have equal rights of access and equal enjoyment of the opportunities, advantages, privileges and courses of study.

Winter 2019

February 4, 2019 to April 12, 2019

**Please note the start and end dates for some classes differ as noted in the class descriptions.*

CLASS DETAILS *(in alphabetical order)*

ACTING AND IMPROV FUN

Grades: 6

Ms. Kate Donnelly, High Rock Specialist

Do you like (or love) to act and perform and want to learn new skills? Are you funny and want to learn more about improv comedy? This class will combine improv games, improv scenes, and scripted scene work to teach basic acting skills in a fun and relaxed environment.

HIGH ROCK

Thursdays: 6 weeks, 2:45pm-3:45pm

Dates: Feb 7th- Mar 21st (No class 2/21)

Fee: \$79

COOKIE AND CUPCAKE DECORATING

Grades: 6, 7 & 8

Ms. Quintiliani

There's nothing as sweet as a winter treat! Each week students will assemble delicious cookies and cupcakes with a selection of icing and candy toppings, learning new frosting techniques along the way. Come join the tasty fun!

POLLARD

Thursdays: 6 weeks 3:00-4:00pm

Dates: February 28th - April 11th (No class 4/18)

Fee: \$159

COMPUTER BUILDING 101

Grades: 6, 7 & 8

Mr. Handler

Have you ever wanted to build your own computer? These days, most consumers have only ever bought prefab systems, no assembly required. Many gamers and computer hobbyists, however, still prefer to make their own boxes. Doing so means you maintain total control over how the computer turns out, and a successful DIY build is a point of pride. Also, knowing your way around the inside of a PC makes it easier to replace a single piece of a broken-down system instead of just junking your whole rig and buying a new one.

POLLARD

Thursday: 1 session, 7:00-8:15pm

Dates: March 14th

Fee: \$65

CREATION WOODSHOP: BEGINNERS AND ADV BEGINNERS

Grades: 7-8

Mr. Cournoyer, Engineering Design Teacher & Instructional Technology Specialist, Mr. Dove, Pollard Special Education Teaching Assistant, and Ms. Robinson,

If you enjoy tinkering, crafting, and building with wood, join us for this woodworking and design class to develop your skills and work on projects of your own choosing. You will gain basic woodworking skills as well as engineering design skills as you tap into your creativity to design and build unique projects in this fully hands-on class. Each student will learn tool and workshop safety as they gain confidence in handling a variety of hand tools and power tools. To ensure safety, students must be able to follow verbal instructions carefully and handle tools as directed. As students work on their projects, they will learn about various building materials, and use math, science and engineering processes to aid your work. Join us to build, create, and learn! *Limited to 15 students,

POLLARD, Room 224

Tuesdays: 6 weeks, 2:50-4:50pm

Dates: February 5th – March 26th

(No class February 12 & 19)

Fee: \$205

CROSSFIT KIDS

Grades: 6, 7 & 8

ONE Nation Fitness Staff Member

Using a combination of calisthenics, running, rowing, jumping, throwing, carrying, pushing, pulling, climbing and lifting (the stuff we used to call ‘playing’) we encourage kids to LOVE exercise. We use age-appropriate skills, challenges, and loads. Some of our favorite games, American Ninja, relay races, obstacle courses, dodge ball, and capture the flag are blended with traditional fitness movements to make class fun for the kids! We challenge kids in a progressive way that builds their confidence!

POLLARD

**WEDNESDAYS (for Grades 7 & 8): 6 weeks,
2:50pm-3:50pm**

Dates: Feb 6th – Mar 27th (No class 2/20 & 3/13)

Fee: \$135

HIGH ROCK

**FRIDAYS (for Grades 6): 7 weeks,
2:20pm-3:20pm**

Dates: Feb 8th – Mar 29th (No class 2/22)

Fee: \$149

INDOOR SPORTS AND GAMES

Grades: 6, 7 & 8

Mr. Cavalier

Come have some fun with Mr. Cavalier and burn off some energy! In this action packed class, kids will participate in a variety of games, such as soccer, dodgeball, whiffle ball, basketball and many others.

HIGH ROCK

Tuesdays: 6 weeks, 2:45pm-3:45pm

Dates: February 5th – March 26th

(No class 2/12 & 2/19)

Fee: \$139

PLAY WITH CLAY

Grades: 6, 7 & 8

Ms. Hopkins, Visual Arts Specialist

In this course we will have fun with clay exploring different hand building techniques like pinch, slab and coil. Projects will include pinch pot creatures, coil designs, and slab containers, time permitting. We'll finish our work with glaze and paint.

POLLARD

Wednesdays: 6 weeks, 2:50-3:50pm

Dates: February 6th – March 27th

(No class 2/20^t and 3/13)

Fee: \$99

LOTUS YOGIS

Grades: 6, 7 & 8

Blue Lotus Healing Arts Instructor

Movement, thus yoga, is essential for preteen's fast-growing bodies. Yoga provides this age group with essential life tools: fosters body awareness; gives them a sense of achievement and empowerment; helps them to discover themselves, bolsters self-belief; provides them with connections/relationships, communication and trust; boosts their self-esteem and self-confidence. This class is alive with cool upbeat music, partner and group poses, and creativity, ending with relaxation and massage.

BLUE LOTUS HEALING ARTS

945 Great Plain Ave, 2nd Floor

Mondays: 6 weeks, 3:00–4:00pm

Dates: Feb 11th – Mar 25th

(No class 2/18)

Fee: \$129

STOCK MARKET GAME

Grades: 6, 7 & 8

Peter Yaffe, MBA

Are you ready to enter the world of finance? See what knowledge is required to be on the trading floors of the US Stock Market? Join Mr. Yaffe and play SIMFA's Stock Market Game! This program is an online simulation of the global capital markets that helps students build a fundamental understanding of investing while providing them with real-world skills practice in math, English language arts, economics, social studies and other subjects.

POLLARD

Wednesdays: 10 weeks, 2:50-3:50pm

Dates: *February 6th – April 24th

(No class 2/20 & 4/17)

***This class will be held on the half day, 3/13.**

Fee: \$159

STORYTELLING WITH PHOTO & VIDEO

Grades: 6, 7 & 8

Ms. Berg, Freelance photo and video journalist

Students will learn to tell a story on a topic they are passionate about through video, photography, and audio interviews. We will identify good ideas through pre-production planning, introduce production fundamentals, and edit and finesse the project in post production. The goal is to create a piece of work no longer than 5 minutes showcasing a compelling and relatable visual story. A working knowledge of iMovie will be helpful but is not required. Students can expect to work on the project as their outside-of-class schedule allows.

POLLARD

Wednesdays: 8 weeks, 4:15-5:30pm

Dates: *February 13th - April 10th

(No class 2/20)

***This class will be held on the half day, 3/13.**

Fee: \$189

VOLLEYBALL

Grades: 6 (Wed) and 7 & 8 (Thurs)

Mr. Enoch, High Rock Physical Education Instructor

Ready, set, spike! Beginners and advanced players welcome! This program has been designed for players to grow and improve their volleyball skills so that they can participate in this sport throughout their lives. Learn and practice techniques used in volleyball: bump passing, setting, spiking, blocking, digging and serving.

6th Graders

HIGH ROCK

Wednesdays: 6 weeks, 2:45–3:45pm

Dates: February 27th – April 10th

(No class March 13th)

Fee: \$90

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7th and 8th Graders

POLLARD

Tuesdays & Thursdays: 6 weeks, 2:50 – 3:50pm

Dates: Feb 26th – March 21st

(Specifically: Tu Feb 26, Th Feb 28, Tu Mar 5,

Th Mar 7, Th Mar 14, Th Mar 21)

FEE: \$90

WEIGHT TRAINING

Grades: 6, 7 & 8

Ms. Beth Crowe, High Rock Instructor

Students will learn the fundamentals of weight training, including mastering technique and control, while also developing a better understanding of their personal wellness. This coed class is open to all interested middle schoolers. Limited to 15 students.

POLLARD

Thursdays, 6 weeks, 3:30-4:30pm

Dates: February 7th - March 21st

(No class February 21nd)

Fee: \$85

PROGRAM INFORMATION

Registration opens January 18th, 2019 at 7am. All registrations (with the exception of scholarship registrations) must be made online through School Pay <https://www.schoolpay.com/link/NCEMiddleWinter2019>. Please note that some classes fill quickly. Registrations are taken on a first-come, first-serve basis. Register early to avoid being closed out. **No refunds will be made once a registration is processed.** Classes may be cancelled by NCE due to low enrollment, so please register early. Classes cancelled by NCE will be refunded in full. Refunds will be made by check and may take up to three weeks.

Scholarship assistance is available to students who are eligible for free or reduced lunch (one class per student each session). To request a scholarship, please contact NCE at 781-455-0400 x11235.

Wait Lists: If you would like to add your child to a wait list for a full class, please email Alyssa Handler, at Alyssa_Handler@needham.k12.ma.us. Include the class name, location, your child's name, and your best daytime phone number(s).

Please note that no nurse will be on duty during NCE Middle School programs, and staff members have no access to medications, including EpiPens and inhalers. If your child requires an EpiPen, please deliver an EpiPen and a copy of your child's Allergy Action Plan to the NCE Middle School On-Site Coordinator on the first day of the program. If these items are not provided, staff will call 911 in the event of an apparent allergic reaction. If your child will be bringing his/her inhaler, please provide the On-Site Coordinator with a note indicating 1) that your child can self-administer and 2) that you have provided the school nurse with a copy of the medical order for the inhaler.

If the Needham Public Schools are closed or released early due to inclement weather, after-school classes will be cancelled. Make-up classes will be scheduled if possible.

All school policies outlined in the school Student Handbook apply to NCE Middle School classes.

ARRIVAL AND DISMISSAL INFORMATION

High Rock students attending NCE Middle School Enrichment Programs are eligible for bus transportation to Pollard. If a student possesses a bus pass, he/she should ride his/her assigned bus to Pollard. If a student does not possess a bus pass, he/she will be advised (at dismissal time) as to which bus to board.

Students must check in with the NCE On Site Coordinator at Pollard. An on-site coordinator will be available each day of class to provide support for the classes and to ensure an orderly dismissal. The coordinator will greet students in the Pollard Lobby and escort them to the cafeteria to await the start of the NCE program. There, they are free to relax, enjoy a snack (brought from home), and begin homework, if they choose. Students may walk home or be picked up at the end of class.

If you have any questions regarding registration, please feel free to contact:
Needham Community Education Office, 781-455-0400 x 11235 or x11222
e-mail: Alyssa_Handler@needham.k12.ma.us

LANGUAGE ASSISTANCE SERVICES

ATTENTION: If you speak a language other than English, language assistance services are available to you free of charge. Contact Student Support Services at 781-455-0400 x213 or penny_belezos@needham.k12.ma.us for assistance.

ATENCIÓN: Si usted habla un idioma que no sea el inglés, hay servicios de asistencia lingüística disponibles gratis. Contacte Servicios de Apoyo para Estudiantes al 781-455-0400 x213 o penny_belezos@needham.k12.ma.us para que le ayudemos.

ATENÇÃO: Se fala um idioma diferente do Inglês, os serviços de assistência linguística estão disponíveis gratuitamente para si. Entre em contato com os Serviços de Apoio ao Aluno através do número 781-455-0400 x213 ou penny_belezos@needham.k12.ma.us para obter assistência.

ВНИМАНИЕ: Если вы не говорите на английском языке, для вас доступны бесплатные сервисы на вашем языке. Обратитесь в службу поддержки студентов по телефону 781-455-0400 x213 или по email penny_belezos@needham.k12.ma.us.