



Needham Community Education

NCE

MIDDLE SCHOOL PROGRAMS

MIDDLE SCHOOL AFTER SCHOOL ENRICHMENT OPTIONS

FALL 2018

Session Dates:
September 24th to November 30th

Needham Community Education is pleased to offer high quality after school enrichment opportunities for High Rock and Pollard Middle School students. **NCE Middle School** classes are taught by Needham Public School staff, community members, as well as other qualified professionals, and are designed to give students a chance to connect and learn beyond the classroom in a fun, engaging, and relaxed environment. Classes will be held at POLLARD Middle School. Have a sixth grader attending High Rock Middle School? No problem! NCE offers transportation to Pollard. Come join the fun!

REGISTRATION opens September 14th at 7am.

Go to <http://www.schoolpay.com/link/NCEFall2018Middle>

Needham Public Schools

SUPERINTENDENT

Daniel E. Gutekanst

NEEDHAM SCHOOL COMMITTEE

Aaron Pressman, Chair	Susan B. Neckes
Michael J. Greis, Vice Chair	Andrea Longo Carter
Connie S. Barr	Matthew Spengler
Heidi Black	

Needham Community Education

Needham Community Education (NCE) is an office of the Needham Public Schools and combines a number of out-of-school time programs into one administrative office. Programs are self-sustaining and include elementary and middle school after school programs, Adult Education, Summer Explorations and other summer programs, Kindergarten Enrichment (KASE) and more.

Through **NCE MIDDLE SCHOOL** we hope to provide quality lifelong learning experiences that are accessible to middle school students. We seek to offer interesting educational, cultural, and skill-building classes at a reasonable cost. To view this catalog online, please visit our website at www.needham.k12.ma.us (click on Community Ed). Call us at 781-455-0400 x235 for more information, or to offer suggestions for courses or teachers.

Contact Information: School Administration Building, 1st Floor
1330 Highland Avenue
Needham, MA 02492
Telephone: 781-455-0400 x11235
Fax: 781-455-0417
Website: http://www.needham.k12.ma.us/community_ed/nce_middle
Office Hours: 8am-4pm, Monday-Friday

NEEDHAM NON-DISCRIMINATION POLICY

The Needham Public Schools do not discriminate on the basis of age, race, color, sex, gender identity, religion, national origin, sexual orientation or disability, and ensure that all students and employees have equal rights of access and equal enjoyment of the opportunities, advantages, privileges and courses of study.

Fall 2018

September 24th – November 30th

**Please note the start and end dates for some classes differ as noted in the class descriptions.*

CLASS DETAILS *(in alphabetical order)*

3D PRINTING AND MODELING

Grades: 6, 7 & 8

ToysInBox Instructor

3D printing is the future. Create 3D models and bring your creations to real life! In this project-based hands-on class, you'll learn the basics of 3D modeling in Tinkercad and use 3D printers to make 3D print(s) that you can take home after each lesson.

POLLARD

WEDNESDAYS: 4, 2hr sessions, 2:50–4:50pm

Dates: Oct 3rd – Oct 24th

Fee: \$245

BLAST: BABYSITTING LESSONS AND SAFETY TRAINING

Grades: 6, 7 & 8

Natick Visiting Nurse Association Instructor

The **BLAST (Babysitter Lessons and Safety Training)** program provides training in pediatric first aid, household safety, and the fundamentals of childcare. In addition, this course helps prepare children to interview for a babysitting job, select safe and suitable games and activities, prevent accidents, and begin babysitting safely and competently. Topics covered include: feeding, burping a baby, spoon-feeding, crying, and preparing for bed, behavioral problems, and discipline. This is a fun class with baby mannequins to diaper and feed!

POLLARD

TUESDAY: 1:30pm-4:30pm

Date: September 25th

Fee: \$79

or

POLLARD

SATURDAY: 9am-12am

Date: October 27th

Fee: \$79

CROSSFIT KIDS

Grades: 6, 7 & 8

ONE Nation Fitness Staff Member

Using a combination of calisthenics, running, rowing, jumping, throwing, carrying, pushing, pulling, climbing and lifting (the stuff we used to call 'playing') we encourage kids to LOVE exercise. We use age-appropriate skills, challenges, and loads. Some of our favorite games, American Ninja, relay races, obstacle courses, dodge ball, and capture the flag are blended with traditional fitness movements to make class fun for the kids! We challenge kids in a progressive way that builds their confidence!

POLLARD

WEDNESDAYS: 8 weeks, 2:50pm-3:50pm

Dates: Sept 26th – Nov 14th

Fee: \$145

CUPCAKE DECORATING

Grades: 6, 7 & 8

Ms. Cindy Carson

Cupcakes are very popular baked item today for both kids and adults. Each week your child will learn how to use a pastry bag and create fun cupcake creations that they can eat or bring home. After learning the basics, we will create Cheeseburger Cupcakes, Doggie Cupcakes, Floral Cupcakes, even Animal and Snowmen Cupcakes. It will be tons of fun!

Allergy Alert: Children will be eating and working with food products during this course. Please alert us to any food allergies when registering.

POLLARD

TUESDAYS: 6 weeks, 2:50pm-3:50pm

Dates: Oct 16th – Nov 20th

Fee: \$159

DIGITAL ANIMATION

Grades: 6, 7 & 8

Empow Studios Instructor

Students will learn to use digital animation software, such as Stykz and OpenToonz, to create their own short animated films. Stykz makes it easy for beginners by incorporating pre-made figures while OpenToonz allows for more experienced artists to explore the powerful tools used by Studio Ghibli to bring their ideas to life. This class shows students how to animate step-by-step, allowing them to explore their creativity while learning about storytelling, time-management, and the 12 principals of animation. This class is great for all levels of experience.

POLLARD

FRIDAYS: 8 weeks, 2:50pm–3:50pm

Dates: Sept 28th – Nov 16th

Fee: \$195

ENGINEERING DESIGN WOODSHOP: BEGINNERS AND ADV BEGINNERS

Grades: 7-8

Dan Courmoyer, Engineering Design Teacher & Instructional Technology Specialist, and Chuck Dome, Pollard Special Education Teaching Assistant

If you enjoy creating things, using tools, and working with wood, join us for this woodworking and design class to develop your skills and work on projects of your own choosing. You will gain basic woodworking skills as well as engineering design skills as you tap into your creativity to design and build unique projects in this fully hands-on class. Each student will learn tool and shop safety as they gain confidence in handling first hand tools and then power tools. To ensure safety, students must be able to follow directions carefully, and handle tools as instructed. As you work on your projects, you will learn about various building materials, and use math, science and engineering processes to aid your work. Join us to build, create, and learn! Limited to 10 students.

POLLARD, Room 224

TUESDAYS: 6 weeks, 2:50-4:50pm

Dates: Oct 2nd – Nov 6th

Fee: \$205

FLAG FOOTBALL

Grades: 6, 7 & 8

Jack Baker, Pollard Teacher

Brought back by popular demand! Flag football is non-stop action. Running, throwing, catching, and dodging opponents is an awesome way for students to interact with peers, remain active, and stay warm through out the fall! Warm clothes recommended!

POLLARD

WEDNESDAYS: 6 weeks, 3:00pm-4:00pm

Dates: Sept 26th – Oct 31st

Fee: \$70

LOTUS YOGIS

Grades: 6, 7 & 8

Blue Lotus Healing Arts Instructor

Movement, thus yoga, is essential for preteen's fast-growing bodies. Yoga provides this age group with essential life tools: fosters body awareness; gives them a sense of achievement and empowerment; helps them to discover themselves, bolsters self-belief; provides them with connections/relationships, communication and trust; boosts their self-esteem and self-confidence. This class is alive with cool upbeat music, partner and group poses, and creativity, ending with relaxation and massage.

BLUE LOTUS HEALING ARTS

945 Great Plain Ave, 2nd Floor

MONDAYS: 6 weeks, 3:00–4:00pm

Dates: Sept 24th – Nov 5th (No class 10/8)

Fee: \$129

or

BLUE LOTUS HEALING ARTS

945 Great Plain Ave, 2nd Floor

WEDNESDAYS: 6 weeks, 3:00–4:00pm

Dates: Oct 3rd – Nov 7th

Fee: \$129

PAINT LIKE A PRO

Grades: 6, 7 & 8

Mosesian Center for the Visual Arts Instructor

Paint Like a Pro is a painting class for students who would like to increase their skill in color, composition, and expression through visual language. Students will use artist's acrylics, liquid and professional watercolors, chalk, oil pastels, and more! Roll up those sleeves and delve into new painting techniques each week!

POLLARD

WEDNESDAYS: 6 weeks, 5:00pm-6:00pm

Dates: Oct 3rd – Nov 14th (No class Oct 31)

Fee: \$129

TABLE TENNIS

Grades: 6, 7 & 8

Ms. Kelly Robinson

Come one, come ALL! Let's play table tennis! We will run through the basic rules and guidelines of table tennis. Students will play, play, play! Students will have the opportunity to play single and double matches with their classmates. All levels are welcome!

POLLARD

TUESDAYS: 6 weeks, 2:50pm-3:50pm

Dates: Oct 2nd – Nov 6th

Fee: \$70

VIDEO GAME DESIGN

Grades: 6, 7 & 8

Empow Studios Instructor

Kids love playing video games, but they have even more fun playing games designed by them and their friends! Video Game Design encompasses storytelling, pixel art, and object-oriented programming, all through a user-friendly, 2D game design platform. Our non-violence policy keeps the games cringe-free and shareable once the kids bring their games home for you to play!

POLLARD

MONDAYS: 8 weeks, 5:00pm-6:00pm

Dates: Sept 24th-Nov 26th (No class Oct 8 & Nov 12)

Fee: \$189

WEIGHT TRAINING

Grades: 6, 7 & 8

Mark Yetman, Pollard Guidance Counselor

Students will learn the fundamentals of weight training, including mastering technique and control, while also developing a better understanding of their personal wellness. This coed class is open to all interested middle schoolers.

POLLARD

TUESDAYS: 8 weeks, 2:50pm-3:50pm

Dates: Oct 2nd-Nov 20th

Fee: \$125

WRESTLING CLINIC

Grades: 4, 5, 6, 7, 8, & 9

Eric Rubin, NHS Asst Wrestling Coach

Whether you are a new or experienced wrestler, Needham Varsity Assistant Wrestling Coach, Eric Rubin, will introduce you to the fundamentals of folk style wrestling and develop your skills. A proven balance of group work and one-on-one attention will allow you to learn and improve during this program. The coach will create an environment that fosters hard work and competition, with an emphasis on fun and sportsmanship. Please wear a t-shirt and shorts, and bring a water bottle. The coaches recommend that you bring wrestling shoes, headgear, and a mouth guard (for any wrestler with braces).

NEEDHAM HIGH SCHOOL (Wrestling Room)

WEDNESDAYS: 7 weeks, 6:30-7:45pm

Dates: Sept 26th –Nov 14th (No class Oct 31)

Fee: \$185

PROGRAM INFORMATION

Registration opens on September 14th at 7am. All registrations (with the exception of scholarship registrations) must be made online through School Pay: <http://www.schoolpay.com/link/NCEFall2018Middle>. Please note that some classes fill quickly. Registrations are taken on a first-come, first-serve basis. Register early to avoid being closed out. **No refunds will be made once a registration is processed.** Classes may be cancelled by NCE due to low enrollment, so please register early. Classes cancelled by NCE will be refunded in full. Refunds will be made by check and may take up to three weeks.

Scholarship assistance is available to students who are eligible for free or reduced lunch (one class per student each session). To request a scholarship, please contact NCE at 781-455-0400 x235.

Wait Lists: If you would like to add your child to a wait list for a full class, please email Alyssa Handler, at Alyssa_Handler@needham.k12.ma.us. Include the class name, location, your child's name, and your best daytime phone number(s).

Please note that no nurse will be on duty during NCE Middle School programs, and staff members have no access to medications, including EpiPens and inhalers. If your child requires an EpiPen, please deliver an EpiPen and a copy of your child's Allergy Action Plan to the NCE Middle School On-Site Coordinator on the first day of the program. If these items are not provided, staff will call 911 in the event of an apparent allergic reaction. If your child will be bringing his/her inhaler, please provide the On-Site Coordinator with a note indicating 1) that your child can self-administer and 2) that you have provided the school nurse with a copy of the medical order for the inhaler.

If the Needham Public Schools are closed or released early due to inclement weather, after-school classes will be cancelled. Make-up classes will be scheduled if possible.

All school policies outlined in the school Student Handbook apply to NCE Middle School classes.

ARRIVAL AND DISMISSAL INFORMATION

High Rock students attending NCE Middle School Enrichment Programs are eligible for bus transportation to Pollard. If a student possesses a bus pass, he/she should ride his/her assigned bus to Pollard. If a student does not possess a bus pass, he/she will be advised (at dismissal time) as to which bus to board.

Supervision will be provided for High Rock and Pollard students from 2:20-2:50pm. Students will be met in the lobby area and brought to the cafeteria to have a snack (brought from home), relax, and start homework if they choose. Students should NOT be wandering the halls before the NCE classes!

An on-site coordinator will be available each day of classes to provide support for the classes, and to ensure an orderly dismissal. Students may walk home or get picked up after their after-school class.

If you have any questions regarding registration, please feel free to contact:
Needham Community Education Office, 781-455-0400 x11235 or x11222
e-mail: Alyssa_Handler@needham.k12.ma.us

LANGUAGE ASSISTANCE SERVICES

ATTENTION: If you speak a language other than English, language assistance services are available to you free of charge. Contact Student Support Services at 781-455-0400 x213 or penny_belezos@needham.k12.ma.us for assistance.

ATENCIÓN: Si usted habla un idioma que no sea el inglés, hay servicios de asistencia lingüística disponibles gratis. Contacte Servicios de Apoyo para Estudiantes al 781-455-0400 x213 o penny_belezos@needham.k12.ma.us para que le ayudemos.

ATENÇÃO: Se fala um idioma diferente do Inglês, os serviços de assistência linguística estão disponíveis gratuitamente para si. Entre em contato com os Serviços de Apoio ao Aluno através do número 781-455-0400 x213 ou penny_belezos@needham.k12.ma.us para obter assistência.

ВНИМАНИЕ: Если вы не говорите на английском языке, для вас доступны бесплатные сервисы на вашем языке. Обратитесь в службу поддержки студентов по телефону 781-455-0400 x213 или по email penny_belezos@needham.k12.ma.us.